

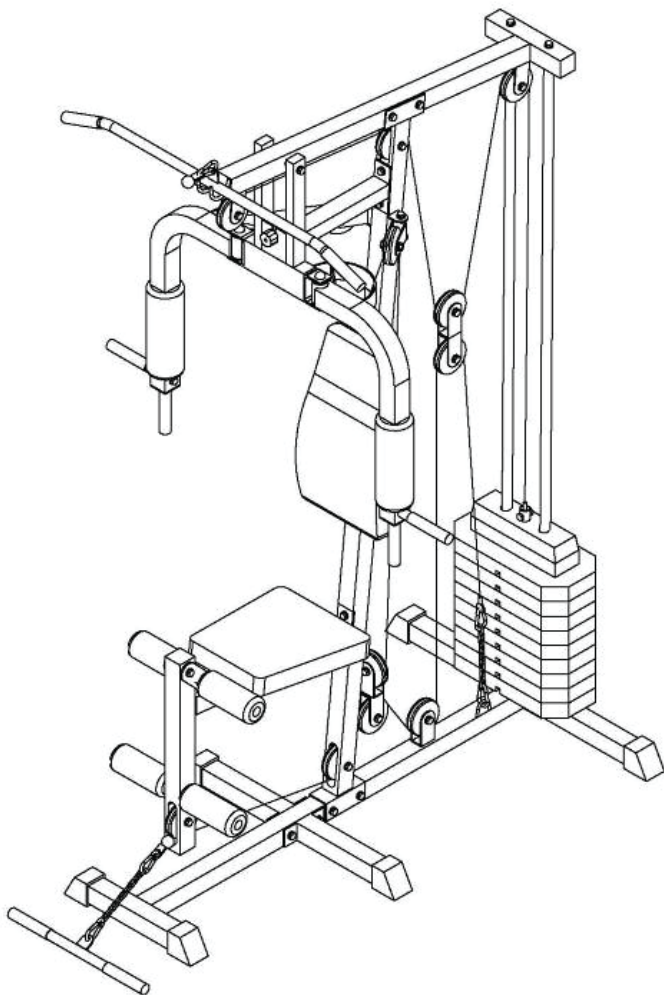
RING

since 1993

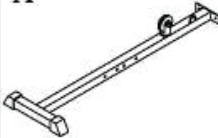

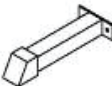

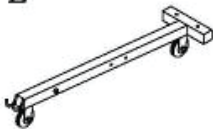

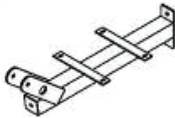
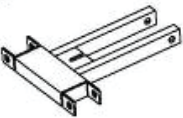



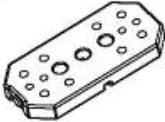
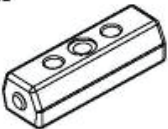









HOME GYM

OWNER'S MANUAL / ENG








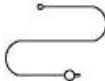








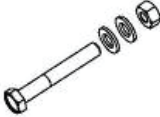







RX PS1



PART LIST

A 	B 	C 	D 
E 	F 	G 	H 
I 	J 	K 	L 
M 	N 	O 	P 
Q 	R 	S 	T 
U 	V 	W	X

PART LIST

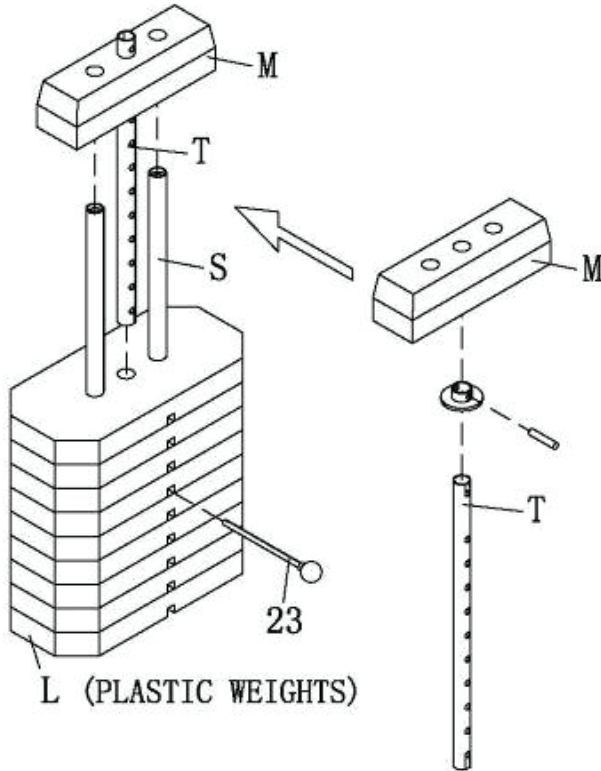
1 	2 	3 	4 
5 	6 	7 	8 
9 	10 	11 	12 
13 	14 	15 	16 
17 	18 	19 	20 
21 	22 	23 	24 

PART LIST

NUMBER	DESCRIPTION	QUANTITY
A	MAIN BASE	1
B	BACK BASE	1
C	LEFT&RIGHT BASE	2
D	MAIN VERTICLE BEAM	1
E	TOP CROSS BEAM	1
F	RESIST BAR	1
G	SEAT SUPPORT (A)	1
H	PRESS BAR	1
I	RIGHT CHEST SUPPORT	1
J	LEFT CHEST SUPPORT	1
K	LEG EXTENSION	1
L	WEIGHT PLATE	9
M	TOP PLATE	1
N	LAP BOW	1
O	PULL BOW	1
P	FLOATING PULLEY BLOCK(A)	1
Q	FLOATING PULLEY BLOCK(B)	1
R	PULLEY BLOCK	2
S	GUIDE ROD	2
T	SELECTOR SHAFT	1
U	FOAM TUBE	2
V	HAND GRIP	2

PART LIST

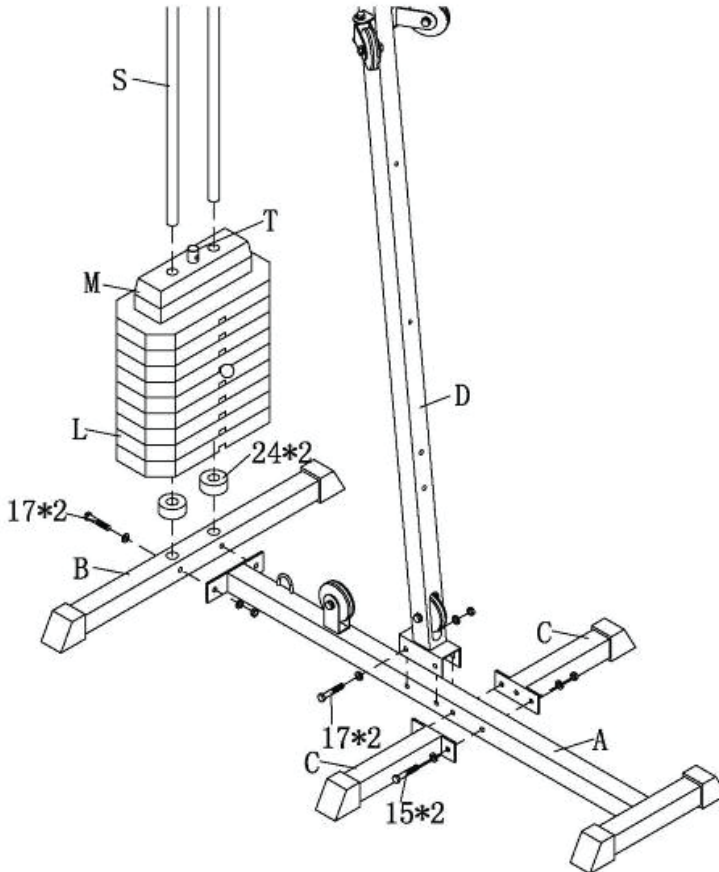
NUMBER	DESCRIPTION	QUANTITY
1	BACK SEAT (630*300)	1
2	SEAT (310*300)	1
3	FOAM ROLLER $\varphi 45^* \varphi 80^* 250$	2
4	FOAM ROLLER $\varphi 23^* \varphi 70^* 140$	4
5	CHAIN $\varphi 6$	2
6	CABLE(MIDDLE)	1
7	CABLE(DOWN)	1
8	CABLE(UP)	1
9	PIN $\varphi 19^* 80$	2
10	HOOK $\varphi 7$	4
11	SCREW M12*160 + TWO WASHERS + LOCK NUT	1
12	LOCK LEVER TUS	1
13	SCREW M12*70 + WASHER	2
14	SCREW M12*25 + BIG WASHER	2
15	SCREW M10*75 + TWO WASHERS + NUT	2
16	SCREW M10*75 + TWO WASHERS + LOCK NUT	1
17	SCREW M10*70 + TWO WASHERS + NUT	10
18	SCREW M10*35 + LOCK NUT	1
19	SCREW M10*20 + LOCK NUT	2
20	SCREW M8*65 + WASHER	2
21	SCREW M8*40 + TWO WASHERS + LOCK NUT	1
22	SCREW M6*15+ WASHER	4
23	PIN $\varphi 10^* 150$	1
24	RUBBER DONUT	2

ASSEMBLY INSTRUCTIONS

1. Check that the pin holes are all facing the same way. slide all the plastic weight stack plates (l) over the weight guide rods (s) one by one.
2. Fit weight select shaft (t) to weight stack top plate with top plate fix donut. tighten with top plate fix pin.
3. Slide top weight plate (m) assembly over the weight guide rods (s) and down on to the weight stack top plate.

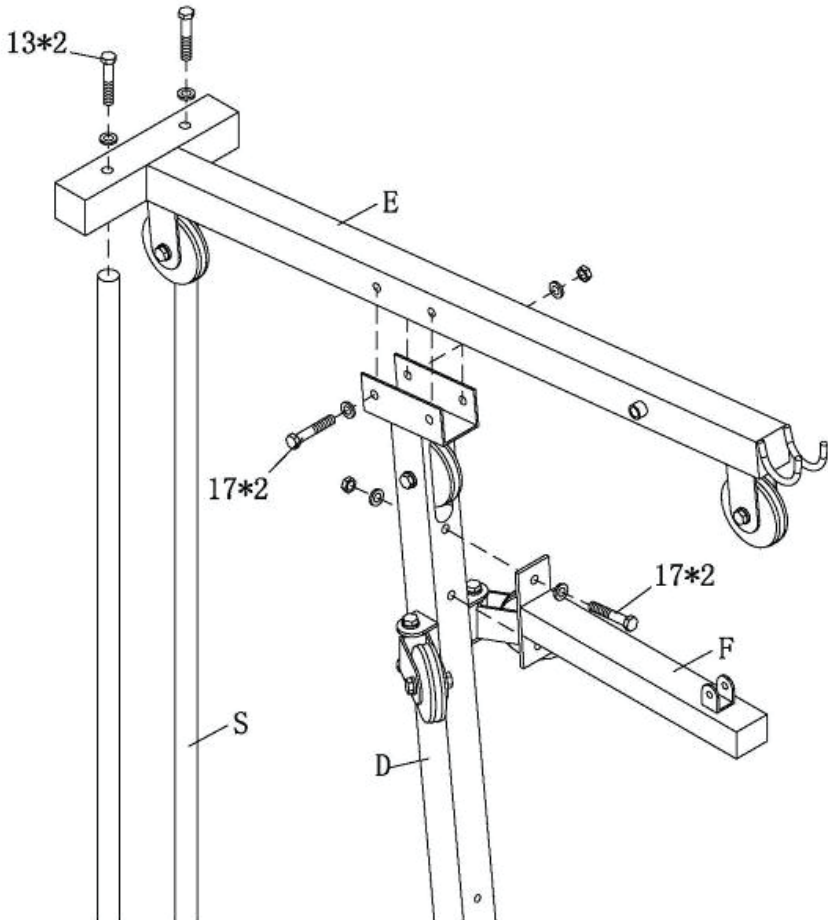
STEP 01

1. Attach right&left base (c) to main base (a) with two screws m10*75 and four washers and two nuts (15) as shown.
2. Attach main verticle beam (d) to main base (a) with two screws m10*70 and four washers and two nuts (17) as shown.
3. Inseat guide rods(s) to back base (b) and attach back base (b) to main base(a) with two screws m10*70 and four washers and two nuts (17) as shown.
4. Slide each weight plate (l) over the guide rods(s).
5. Inseat the selector shaft (23) to weight plate (l).
6. Slide top plate (m) over the guide rods(s).



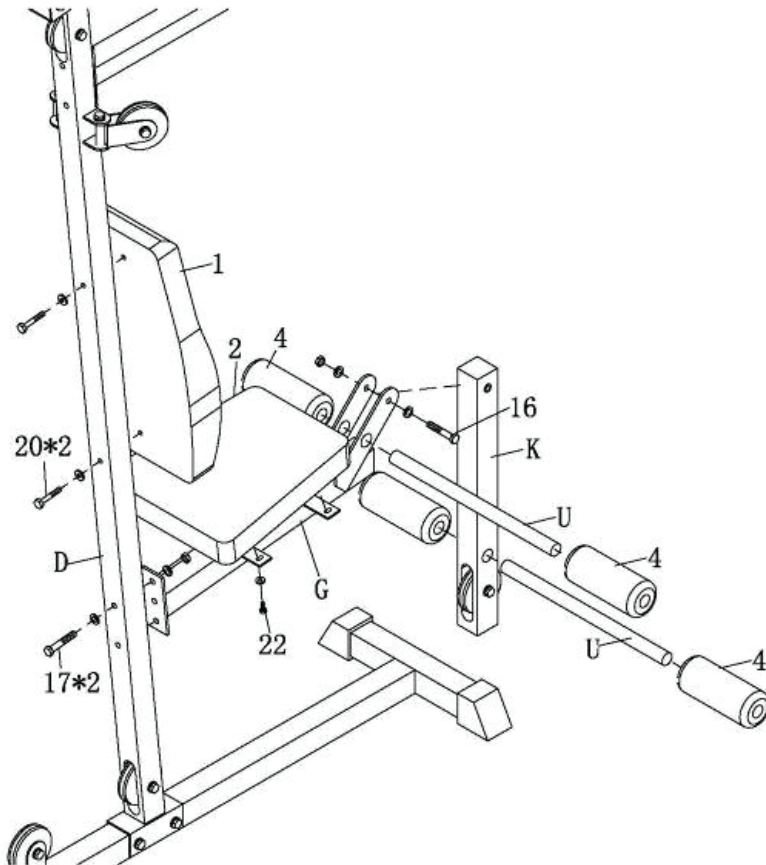
STEP 02

1. Attach top cross beam (e) to main verticle beam (d) with two screws m10*70 and four washers and two nuts (17) as shown.
2. Attach resist bar (f) to main verticle beam (d) with two screws m10*70 and four washers and two nuts (17) as shown.
3. Attach guide rods(s) to top cross beam (e) with two screws m12*70 and two washeres (13) as shown.



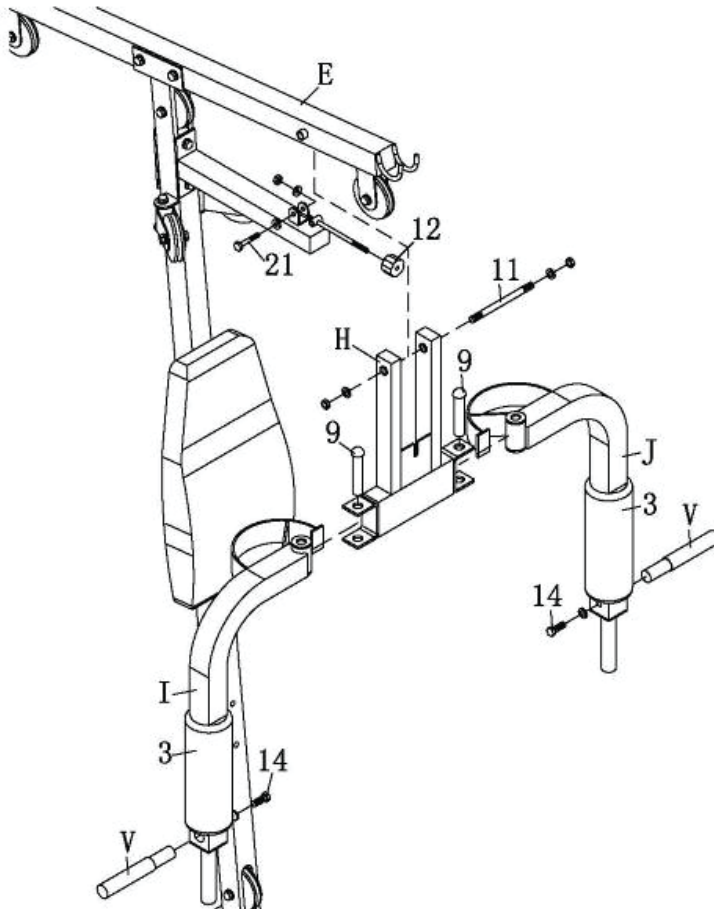
STEP 03

1. Attach seat support (g) to main verticle base beam (d) with two screws m10*70 and four washers and two nuts (17) as shown.
2. Attach leg extension (k) to seat support (g) with the screw m10*75 and two washers and lock nut (16) as shown.
3. Attach seat (2) to seat support (g) with four screws m6*15 and four washers (22) as shown.
4. Attach back seat (1) to main verticle beam (d) with two screws m8*65 and two washers (20) as shown.
5. Slide foam tube (u) into the hole provided.
6. Slide foam riller (4) onto foam tube (u).



STEP 04

1. Attach press bar (h) to top cross beam (e) with screw m12*160 and two washers and two lock nuts (11) as shown.
2. Attach hand grip (v) to chest support (i&j) with screw m12*25 and big washer (14) as shown.
3. Install chest support (i&j) to press bar (h) with pin (9) as shown.
4. Attach lock lever tus (12) to resist bar (f) with screw m8*40 and two washers and lock nut (21) as shown.



CABLE ASSEMBLY

1. START WITH THE UP CABLE (8)

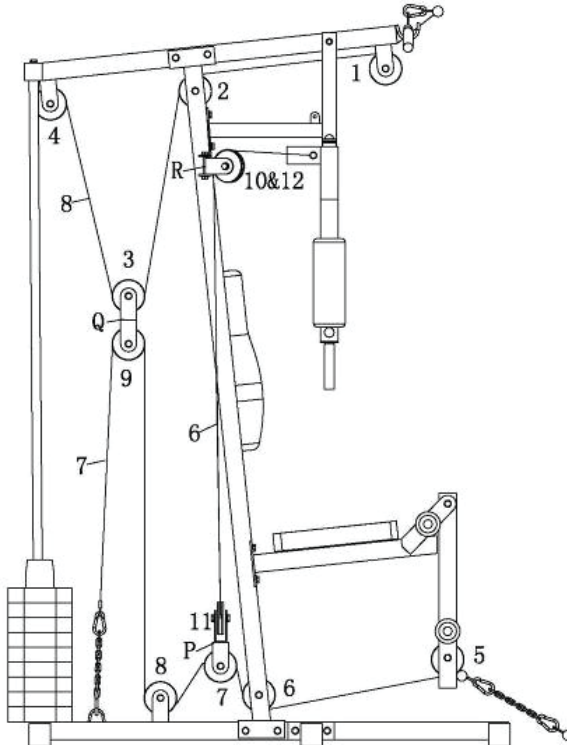
Start by threading the end of the cable without the ball, over pulley no.1, over pulley no.2, down and around pulley no.3 in floating pulley block (q), up and over pulley no.4 and down and attach to weight stack with screw m10*35 and lock nut (18) as shown.

2. START THE DOWN CABLE (7)

Start by threading the end of the cable without the ball under pulley no.5, under pulley no.6, up and around pulley no.7 in floating pulley block (p), down and under pulley no.8, up and around pulley no.9 in floating pulley block (q), down and with two hooks (10) and iron chain (10) to end of cable to secure cable.

3. CONNECT THE MIDDLE CABLE (6)

Take one end of the middle cable to one of chest support with screw m10*20 and lock nut (19) as shown. then thread the other end of the cable over pulley no.10, down and around pulley no.11 in floating pulley block (q), up & over pulley no.12, secure cable to chest support using screw m10*20 and lock nut (19) as shown.



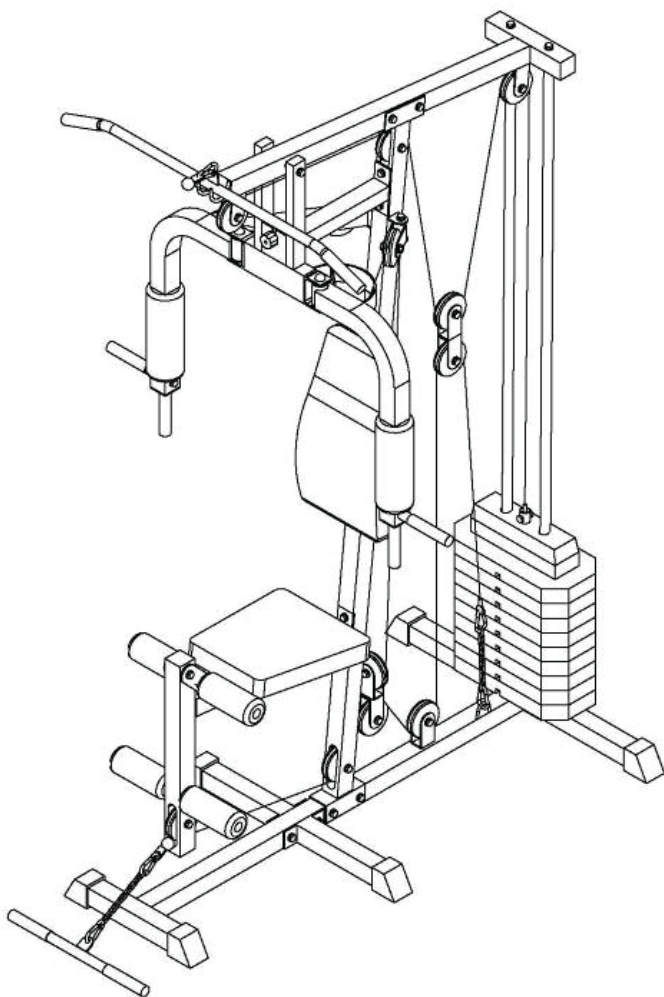
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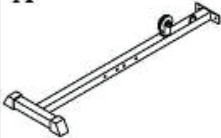

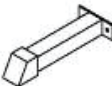

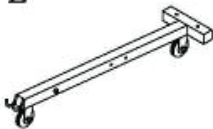

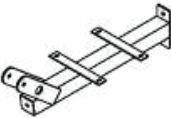
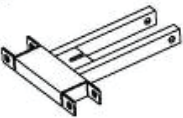



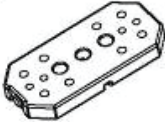










FITNES CENTAR – GLADIJATOR

KORISNIČKO UPUTSTVO / SRB








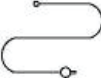








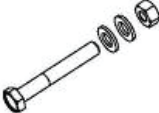







RX PS1



SPISAK DELOVA

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Q 	R 	S 	T 
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SPISAK DELOVA

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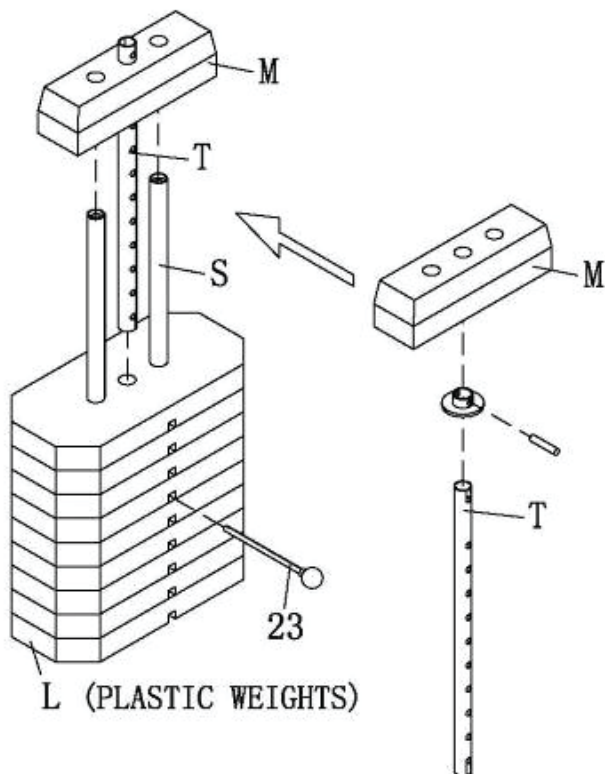
SPISAK DELOVA

BR.	OPIS	KOM
A	GLAVNA OSNOVA	1
B	POZADINSKA BAZA	1
C	LEVA & DESNA BAZA	2
D	GL. VERT. GREDA	1
E	GORNJI PRESEČNA GREDA	1
F	OTPORNŠIPKA	1
G	POTPORA SEDIŠTA (A)	1
H	ŠIPKA ZA PRITISAK	1
I	DESNA GRUDNA POTPORA	1
J	LEVA GRUDNA POTPOR	1
K	PRODUŽETAK ZA NOGE	1
L	PLOČA ZA SELEKTOVANU TEŽINU	9
M	GORNJA PLOČA	1
N	LUK ZA KRILO	1
O	LUK ZA IZVLAČENJE	1
P	PLIVAJUĆA KOTURAČA (A)	1
Q	PLIVAJUĆA KOTURAČA (B)	1
R	KOTURAČA	2
S	ŠTAP ZA POZICIONIRANJE	2
T	DRŠKA SELEKTOR	1
U	PENASTA CEV	2
V	DRŠKA	2

SPISAK DELOVA

BR.	OPIS	KOM
1	SEDIŠTE (630*300)	1
2	SEDIŠTE (310*300)	1
3	PENASTI KOTUR $\Phi 45^* \Phi 80^* 250$	2
4	PENASTI KOTUR $\Phi 23^* \Phi 70^* 140$	4
5	LANAC $\Phi 6$	2
6	KABL (SREDNJI)	1
7	KABL (DONJI)	1
8	KABL (GORNJI)	1
9	OSIGURAČ $\Phi 19^* 80$	2
10	KUKA $\varphi 7$	4
11	VIJAK M12*160 PLUS DVA PODLOŠKA PLUS NAVRTKE	1
12	KONTRA POLUGA OSIGURAČ	1
13	VIJAK M12*70 PLUS PODLOŠKA	2
14	VIJAK M12*25 PLUS VELIKA PODLOŠKA	2
15	VIJAK M10*75 PLUS DVE PODLOŠKE PLUS NAVRTKA	2
16	VIJAK M10*75 PLUS DVE PODLOŠKE PLUS LOCK NAVRTKA	1
17	VIJAK M10*75 PLUS DVE PODLOŠKE PLUS NAVRTKA	10
18	VIJAK M10*35 PLUS LOCK NAVRTKA	1
19	VIJAK M10*20 PLUS LOCK NAVRTKA	2
20	VIJAK M8*65 PLUS PODLOŠKA	2
21	VIJAK M8*40 PLUS 2 PODLOŠKE PLUS LOCK NAVRTKE	1
22	VIJAK M6*15 PLUS PODLOŠKA	4
23	OSIGURAČ $\Phi 10^* 150$	1
24	GUMENI PRSTEN	2

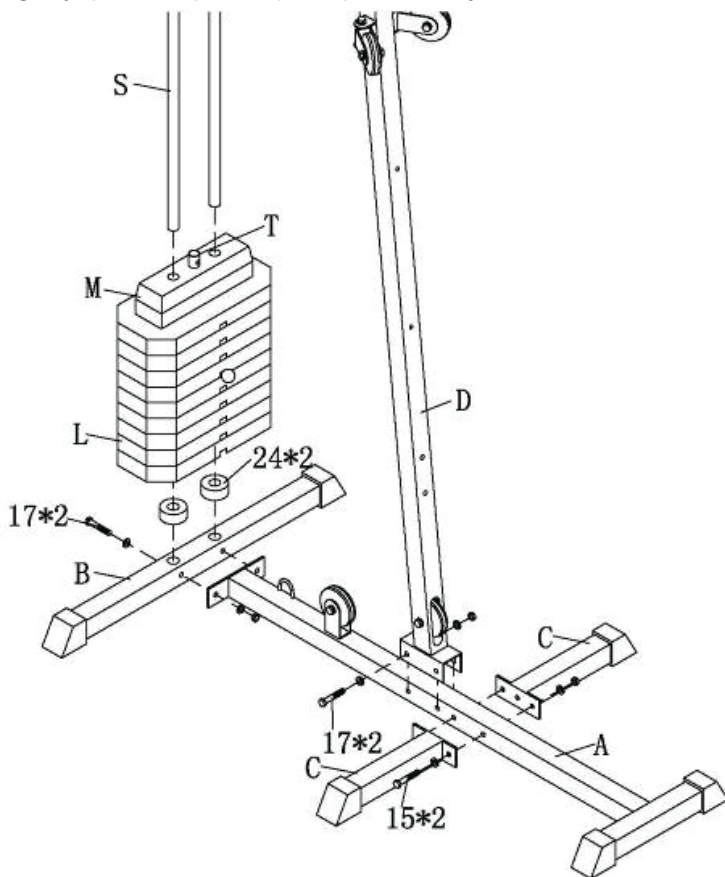
UPUTSTVO ZA SKLAPANJE



1. Proverite da li su rupe osigurača na istoj strani. Poravnajte sve ploče grupe tegova (l) preko štapova za pozicioniranje tegova (s) jednu po jednu.
2. Montirajte dršku za odabir težine (t) na gornju ploču grupe tegova sa fiks. prstenom gornje ploče, pričvrstite sa fiks. osiguračem za gornju ploču.
3. Postavite sklop gornje weight ploče (m) preko weight šipki za pozicioniranje (s) i dole na gornju ploču grupe tegova.

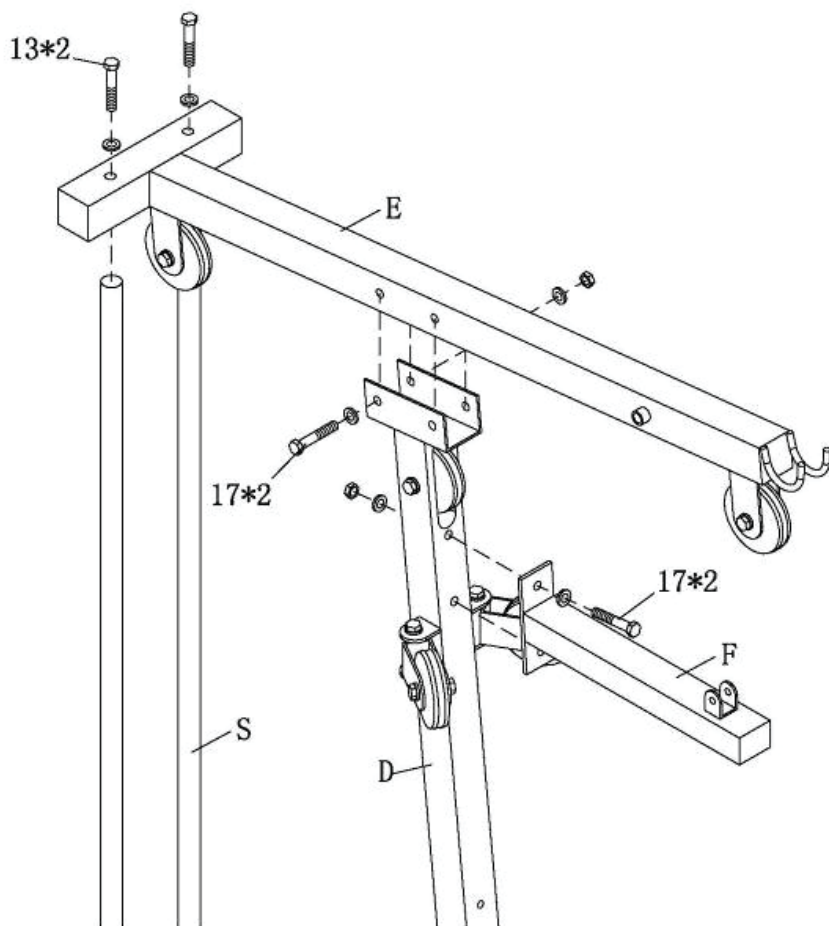
KORAK 01

1. Pričvrstite desnu i levu bazu (c) za glavnu bazu (a) sa dva vijka m10*75 i četiri podloške i dve navrtke (15) kao na slici.
2. Pričvrstite glavnu vertikalnu gredu (d) za glavnu bazu (a) sa dva vijka m10*70 i četiri podloške i dve navrtke (17) kao na slici.
3. Podesite šipke za pozicioniranje (s) za glavnu bazu (b) i pričvrstite pozadinsku bazu (b) za glavnu bazu (a) sa dva vijka m10*70 i četiri podloške i dve navrtke (17) kao što je prikazano.
4. Namestite svaku weight ploču (l) preko šipki za pozicioniranje (s).
5. Namestite polugu selektor (23) na weight ploču (l).
6. Namestite gornju ploču (m) preko šipki za pozicioniranje (s).



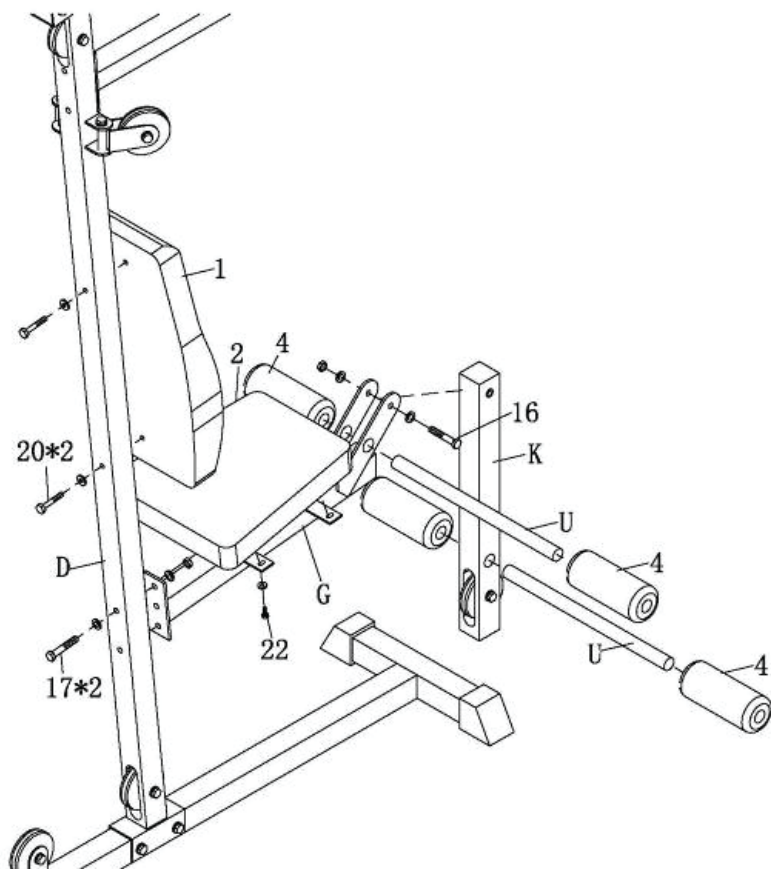
KORAK 02

1. Pričvrstite gornju presečnu gredu (e) za glavnu vertikalnu gredu (d) sa dva vijka m10*70 i četiri podloške i dve navrtke (17) kao što je prikazano.
2. Pričvrstite otpornu šipku (f) za glavnu vertikalnu (d) sa dva vijka m10*70 i četiri podloške i dve navrtke (17) kao na slici.
3. Pričvrstite šipke za pozicioniranje (s) za gornju presečnu gredu (e) sa dva vijka m12*70 i dve podloške (13) kao što je prikazano.



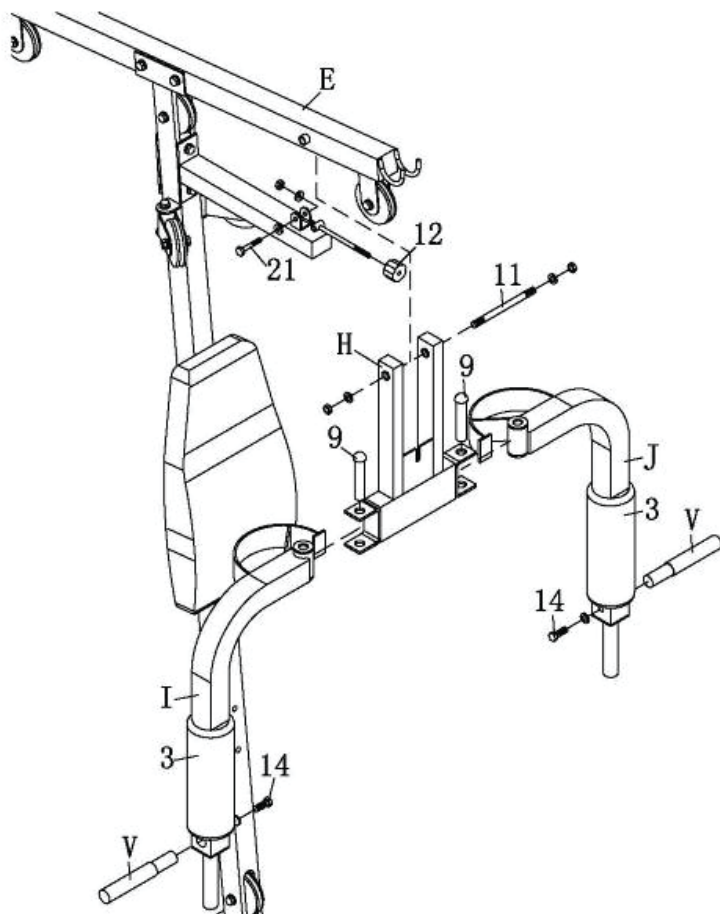
KORAK 03

1. Pričvrstite potporu za sedište (g) za osnovu glavne vertikale (d) sa dva vijka m10*70, četiri podloške i dve navrtke (17) kao na slici.
2. Pričvrstite produžetak za noge (k) za potporu sedišta (g) sa zavrtnjem m10*75 i dve podloške i kontra navrtkom (16) kao na slici.
3. Pričvrstite sedište (2) za potporu sedišta (g) sa četiri vijka m6*15 i četiri podloške (22) kao na slici.
4. Pričvrstite zadnje sedište (1) za gredu glavne vertikale (d) sa dva vijka m8*65 i dve podloške (20) kao na slici.
5. Ubacite penastu cev (u) u za to predviđenu rupu.
6. Navucite penasti kotur (4) na penastu cev (u).



KORAK 04

1. Pričvrstite šipku za pritisak (h) za gornju presečnu gredu (e) sa vijkom m12*60 i dve podloške i dve kontra navrtke (11) kao što je prikazano.
2. Pričvrstite ručni držač (v) za grudnu potporu (i & j) sa vijkom m12*25 i velikom podloškom (14) kao što je prikazano.
3. Instalirajte grudnu potporu (i&j) za šipku za pritisak (h) sa osiguračem (9) kao što je ilustrirano
4. Pričvrstite kontra polugu osigurača (12) za otpornu šipku (f) sa vijkom m8*40 i dve podloške i dve kontra navrtke (21) kao što je prikazano.



SKLAPANJE KABLA**1. POČNITE SA GORNJIM KABLOM (8)**

Počnite provlačeći kraj kabla bez kuglice, preko kotura br.1 onda kotura br.2 prema dole i oko kotura br. 3 u lebdeći blok kotura (q) prema gore i preko kotura br.4 i prema dole i pričvrstite grupu tegova sa vijkom m10*35 i kontra navrtkom (18) kao što je prikazano.

2. POČNITE SA DONJIM KABLOM (7)

Počnite provlačeći kraj kabla bez kuglice ispod kotura br.5 ispod kotura br. 6 prema gore i oko kotura br. 7 u lebdeći blok kotura (p) prema dole i ispod kotura br.8 i prema gore i oko kotura br. 9 u lebdeći blok kotura (q) prema dole i sa dve kuke (10) i lancem (10) do kraja kabla da bi se osigurao kabl.

3. POVEŽITE SREDNJI KABL (6)

Uzmite jedan kraj srednjeg kabla do jedne potpore za grudi sa vijkom m10*20 i kontra navrtkom (19) kao što je prikazano. Onda provucite drugi kraj kabla preko kotura br. 10, prema dole i oko kotura br. 11 u lebdeći blok kotura (q), prema gore i preko kotura br.12, osigurajte kabl za grudnu potporu koristeći vijak m10*20 te kontra navrtku (19) kao što je prikazano.

